

Exciting New Infant & Early Childhood Mental Health Consultation Supports

Community 'Open-Door' Sessions

The **California Infant and Early Childhood Mental Health Consultation (IECMHC) Network** (formerly known as CIBC), is offering two new services, a Helpline and drop-in virtual sessions for early learning and care providers who wish to access support and resources from an Infant and Early Childhood Mental Health Consultant. **Community Open-Door Sessions** and the IECMHC Network **Helpline** are available to all early learning and care providers in California, including family, friend and neighbor caregivers, family child care providers, and center-based staff. These services are offered in addition to IECMHC Network consultation. For more information about all our services and how to request consultation, please visit the [IECMHC Network website](#).

What are Open-Door Sessions?

Open-Door sessions are opportunities for any early learning and care provider to participate in virtual "on-demand" consultation with other caregivers. The Open-Door sessions are facilitated by an experienced Infant and Early Childhood Mental Health Consultant in a confidential space for caregivers to reflect, seek supportive input, share ideas and resources, discuss development, and network within community.



When are the Open-Door Sessions?

There will be one 60-minute session offered the last week of every month via Zoom. *Click on the date(s) below to register via Zoom.*

- [Wednesday, September 28, 2022 from 6 p.m. – 7 p.m. PST](#)
- [Thursday, October 27, 2022 from 6 p.m. – 7 p.m. PST](#)
- [Wednesday, November 30, 2022 from 6 p.m. – 7 p.m. PST](#)
- [Thursday, January 26, 2023 from 6 p.m. – 7 p.m. PST](#)
- [Thursday, February 23, 2023 from 6 p.m. – 7 p.m. PST](#)
- [Thursday, March 30, 2023 from 6 p.m. – 7 p.m. PST](#)
- [Thursday, April 27, 2023 from 6 p.m. – 7 p.m. PST](#)
- [Thursday, May 25, 2023 from 6 p.m. – 7 p.m. PST](#)
- [Thursday, June 22, 2023 from 6 p.m. – 7 p.m. PST](#)

BRAND NEW THIS YEAR!

Each session coincides with IECMHC Network webinar series focused on **"Supporting Relationships and Connections"** & **"Trauma-Informed Care."** Visit [the IECMHC website](#) for more information on webinar topics.

All services are offered at no cost to participants.