

New Infant & Early Childhood Mental Health Supports!

The **California Infant and Early Childhood Mental Health Consultation (IECMHC) Network** (formerly known as CIBC), introduces two new services for early learning and care providers who wish to access support and resources from an infant and early childhood mental health consultant. **Community Open-Door Sessions** and the **IECMHC Network Helpline** are available to all early learning and care providers in California including family, friend & neighbor caregivers, family child care providers, and center-based staff. These services are offered in addition to IECMHC Network consultation. For more information about all our services and instructions on how to request consultation, please visit the [IECMHC Network website](#).

The IECMHC Network Helpline: 1-877-524-2422

What is the Helpline?

This is an opportunity to engage in live “just in time” one-on-one support for timely, non-emergency guidance regarding:

- Children who may be at risk of temporary or permanent removal from the child care placement.
- Specific questions or concerns related to infant, toddler and young children’s social, emotional and behavioral health.
- Linkages to resources.

When Can I Call?

Call 1-877-524-2422 Monday through Friday between 8 a.m. to 5 p.m. to speak to live Helpline staff. If a member of our team is unavailable or calls are received after hours, you can expect to receive a call back within 24 hours. All Helpline calls are confidential.

Community ‘Open-Door’ Consultation Sessions

What are Open-Door Sessions?

The Open-Door sessions are opportunities for any early learning and care provider to participate in virtual “on-demand” consultation with other caregivers. Participants are encouraged to attend with questions, concerns and challenges related to infant, toddler, and young children’s social, emotional, and behavioral health. The Open-Door sessions are facilitated by an experienced Infant and Early Childhood Mental Health Consultant in a confidential space for caregivers to reflect, seek supportive input, share ideas and resources, discuss development, and network within a community.

When are the Open-Door Sessions?

There will be one 60-minute session offered the last week of every month via Zoom. Click on the date(s) below to register via Zoom.

Upcoming dates and links for registration:

- [Friday, April 29, 2022 – 12:30 p.m. – 1:30 p.m.](#)
- [Tuesday, May 31 – 4:30 p.m. – 5:30 p.m.](#)
- [Thursday, June 29 – 8:30 a.m. – 9:30 a.m.](#)
- [Wednesday, July 27– 12:30 p.m. – 1:30 p.m.](#)
- [Monday, August 29 – 4:30 p.m. – 5:30 p.m.](#)

These services are offered at no cost and are designed to provide expanded access and support to providers who may not be interested or available to participate in more traditional consultation services.