

Exciting New Infant & Early Childhood Mental Health Consultation Supports

The IECMHC Network Helpline: 1-877-524-2422

The **California Infant and Early Childhood Mental Health Consultation (IECMHC) Network** (formerly known as CIBC), is offering two new services, a Helpline and drop-in virtual sessions for early learning and care providers who wish to access support and resources from an Infant and Early Childhood Mental Health Consultant. **Community Open-Door Sessions** and the IECMHC Network **Helpline** are available to all early learning and care providers in California, including family, friend and neighbor caregivers, family child care providers, and center-based staff. These services are offered in addition to IECMHC Network consultation. For more information about all our services and how to request consultation, please visit the **IECMHC Network website**.

What is the Helpline?

This is an opportunity to engage in live “just in time” one-on-one support for timely, non-emergency guidance regarding:

- Children who may be at risk of temporary or permanent removal from the child care placement.
- Specific questions or concerns related to infant, toddler and young children’s social, emotional and behavioral health.
- Linkages to resources.



When Can I Call?

Call **1-877-524-2422** Monday through Friday between 8 a.m. to 5 p.m. to speak to live Helpline staff. If a member of our team is unavailable or calls are received after hours, you can expect to receive a call back within **24 hours**. **All Helpline calls are confidential.**

All services are offered at **no cost** to participants.