



We're transforming into

California Infant and
Early Childhood Mental Health
Consultation Network

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Newsletter Fall 2021

Welcome! As you may know, funding for the California Inclusion and Behavior Consultation (CIBC) Network project moved to the California Department of Social Services (CDSS) as part of the Child Care Transition from the California Department of Education, Early Learning and Care Division (CDE/ELCD) to CDSS. As part of this transition, CIBC has been renamed the **California Infant and Early Childhood Mental Health Consultation (IECMHC) Network**. The Network will offer an expanded suite of infant and early childhood mental health consultation resources and services to a broader group of early learning and care programs and providers. More details about this expansion will be coming soon!

In the meantime, our consultation services remain available to you. You can view our flyer for [Virtual Consultation here](#) and requests for consultation can be made at our current website www.cibc-ca.org. Information about our upcoming webinar series and community of practice sessions is also available below. Stay tuned for more news about our services and resources as the year unfolds!

IECMHC Network Webinar Series

Join us for a series of one-hour webinars that highlight different aspects of infant and early childhood mental health. Register for each session through California's Workforce Registry by clicking on the links below. Dates for future webinars will be announced in our Winter Newsletter. You can also find our [Webinar flyer here](#).



[Infant and Early Childhood Mental Health: What is it?](#)

Jess Bernal, LMFT
Tuesday, October 26, 2021
4:00pm – 5:00pm

[Young Children in Foster Care and Kinship Care](#)

Debbie Reno-Smith, LMFT
Wednesday, January 26, 2022
4:00pm – 5:00pm

Serving Families Who Experience Homelessness

March 2022 – date to be announced

Professional Resilience in Challenging Times

May 2022 – date to be announced

**Community of Practice Series:
Reflective Practice and Caregiver
Well-Being**

**Services for Family Child Care and
Family, Friend & Neighbor
Providers**

The Network will be introducing a community of practice series to promote the use of reflective practice in early learning and care settings. This series, to begin in January 2022, will enhance caregiver practices and well-being by offering participants opportunities to consider their daily work caring for young children and their families. Participants will deepen their understanding of how reflective practice can inform their decision-making and well-being on a daily basis. Facilitated by Infant and Early Childhood Mental Health Consultants from the Network, participants will meet virtually in small, job-alike groups for six, 90-minute sessions. If you wish to submit an interest form to receive additional information when it becomes available, please click this link:

<https://app.smartsheet.com/b/form/a932cb4178994a77b4a862150f8d33c7>

The Network is offering additional services for family child care providers and family, friend and neighbor caregivers. A series of webinars will be designed to support the work of caring for young children in home-based settings. Another resource coming soon for in-home providers will be monthly virtual 'Open-Door' sessions facilitated by Infant and Early Childhood Mental Health Consultants from the Network. Providers and caregivers are encouraged to access this 'on demand' virtual consultation to seek support and resources about infant, toddler and young children's social, emotional and behavioral health and connect with other family child care and family, friend & neighbor providers. Stay tuned for an announcement with upcoming webinar dates and open-door sessions exclusively designed for family child care and family, friend & neighbor providers. If you wish to submit an interest form to receive additional information when it becomes available, please click this link:

<https://app.smartsheet.com/b/form/27cfafeb6f640dab3c9cc37bf3634c4>

Partner Resources

Shifting How We Manage Challenging Behaviors

Family engagement during the pandemic has been challenging. Now more than ever, consistency between home and school is critical for young children as they transition back into care. The Child Care Education Institute (CCEI) has a helpful article on using positive and growth mindset language to collaborate with parents on behalf of their children: <https://www.cceionline.com/august-2021-newsletter-shifting-how-we-manage-challenging-behaviors-try-creating-consistency-between-home-school/>

Little Neighbors

Sesame Workshop has launched a new initiative to help children understand their roles as active participants in communities. Find printables, videos, and other activities here:

<https://sesamestreetincommunities.org/topics/little-neighbors/>

Coronavirus Resources for Early Childhood Professionals

We are grateful for the many resources about negotiating pandemic challenges made available during the last 18 months. As the coronavirus continues to be an issue in our communities, consider using the suite of resources developed by Zero to Three in your work with infants, toddlers, and their families:

<https://www.zerotothree.org/resources/3291-coronavirus-resources-for-early-childhood-professionals>

State and National Conferences

Most conferences planned for fall 2021 will continue to be offered on virtual platforms. See the wide range of topics, presenters, and activities using the links below.

2021 Inclusion Collaborative State Conference

<http://www.inclusioncollaborative.org/conference.aspx>

October 20-21, 2021

Virtual

Zero to Three Annual Conference 2021

<https://www.zerotothree.org/>

October 25-29, 2021

Virtual

NAEYC Annual Conference 2021

<https://www.naeyc.org/events/annual>

November 6-9, 2021

Virtual

We recognize and support the essential role that early learning and care staff and providers play in the lives of young children and their families. Collectively we continue to experience many stressors, including devastation from the recent wildfires, addressing systemic racism and injustices and the significant, ongoing impact that COVID-19. These experiences affect the mental health and well-being of young children and the adults who care for them. The Network is here for you! If you have questions about our services, please email us cibc@wested.org or call us at 877-524-2422.